

August – Memoirs & Biographies

“When writing the story of your life, don’t let anyone else hold the pen.” – Harley Davidson

Here are a few recommendations:

[*The Autobiography of Alice B. Toklas*](#) – by Gertrude Stein

[*The Diary of Frida Kahlo: An Intimate Portrait*](#) – Introduction by Carlos Fuentes

[*Educated*](#) – by Tara Westover

[*The Elephant in the Room: One Fat Man’s Quest to Get Smaller in a Growing America*](#) – by Tommy Tomlinson

[*Elsewhere*](#) – by Richard Russo

[*Encyclopedia of an Ordinary Life*](#) – by Amy Krouse Rosenthal

[*From the Ashes: My Story of Being Métis, Homeless, and Finding My Way*](#) – by Jesse Thistle

[*Greenlights*](#) – by Matthew McConaughey

[*Group: How One Therapist and a Circle of Strangers Saved My Life*](#) – by Christie Tate

[*The Hiding Place: The Triumphant True Story of Corrie Ten Boom*](#) – by Corrie ten Boom

[*I Am Malala: The Story of the Girl Who Stood Up for Education and Was Shot by the Taliban*](#) – by Malala Yousafzai

[*Just Mercy: A Story of Justice and Redemption*](#) – by Bryan Stevenson

[*Let’s Pretend This Never Happened*](#) – by Jenny Lawson

[*The Magnolia Story*](#) – by Chip & Joanna Gaines

[*Maybe You Should Talk to Someone: A Therapist, Her Therapist, and Our Lives*](#) – by Lori Gottlieb

[*Memorial Drive: A Daughter’s Memoir*](#) – by Natasha Trethewey

[*Me Talk Pretty One Day*](#) – by David Sedaris

[*My Own Words*](#) – by Ruth Bader Ginsburg

[*Self Made: Inspired by the Life of Madam C. J. Walker*](#) – by A’Lelia Perry Bundles

[*Shrill*](#) – by Lindy West

[*My Southern Journey: True Stories from the Heart of the South*](#) – by Rick Bragg

[*The Way I Heard It*](#) – by Mike Rowe