

Sachse Parks & Recreation  
Fall/Winter 2016/17 Issue  
[www.cityofsachse.com/parks](http://www.cityofsachse.com/parks)

# GUIDE TO FUN!



**WHAT'S INSIDE**  
Parks & Recreation Classes  
Special Events  
Library Activities  
Senior Center Activities

# WHAT'S INSIDE!

- 2 Parks & City Information
- 3 Special Events
- 4 Registration/Facility Information
- 5 Dance, Tumbling and Science
- 6 Music & Special Interests
- 7 Sports and Fitness
- 8 Learning and Workshops
- 8/9 Senior Activities
- 10/11 Library Activities
- 12 Registration Form

# HELPFUL PHONE NUMBERS

- Parks & Recreation 469-429-0275
- Senior Activity Center 972-495-6282
- City Hall 972-495-1212
- Chamber of Commerce 972-496-1212
- Sachse Public Library 972-530-8966
- Sachse Baseball Association 214-883-1507
- Sachse Softball 972-822-1789

# ON THE COVER

Jade and Emma Le showing off their costumes at the 2015 Pumpkin Prowl. (Emma Le won Most Creative)

Parks and Facilities at a Glance																
● = Existing Facilities R = Reservable Facilities																
Call 469-429-0275 for Reservation Information																
Parks	Acres	Undeveloped	Lighted Ball Fields	Unlit Ball fields	Practice Ball Fields	Soccer Field	Basketball Court	Covered Playground	Uncovered Playground	Concession Stand	Restrooms	Pond	Pavilion	Picnic Tables	Barbeque Grills	Walking/Jogging Trail
Heritage Park (4408 Hudson Dr.)	36		3-R	●		●		●		●	●		1-R	●	●	●
Salmon Park (4302 Williford Rd.)	7		1-R		●		●	●		●	●		1-R	●	●	
Park Lake Park (4915 Miles Rd.)	4.7							●				●		●		●
Joe & Patricia Stone Park (6000 Laurel Crest)	3.97							●				●	1-R	●	●	●
Muddy Creek Preserve (5400 Pleasant Valley Rd.)	147													●		●
Cornwall Lane Park (1800 Cornwall Ln.)	0.25								●				●	●	●	
Firefighters Park (2841 5 <sup>th</sup> Street)	1.5							●					1-R	●	●	●
Cedar Creek Estates Park	12	●														
Creek Crossing Park	5.47	●														
Sachse on the Creek Park	9	●														
Bunker Hill Park	10.6	●														
Facilities		Location														
Parks & Recreation Offices		3815 Sachse Road, Building B – 2 <sup>nd</sup> Floor														
Senior Activity Center - R		3815 Sachse Road, Building A														
Library Meeting Room - R		3815 Sachse Road, Building C														
Parks & Recreation Meeting Room - R		5560 Highway 78														

## PARKS & RECREATION BOARD

- Cyndi Mitchell, Chairman
- Terry Bennett, Vice-Chairman
- Diana Smith, Secretary
- Lindsay Buhler, Member
- Nieves Marquez, Jr., Member
- Jermaine McDaniel, Member
- Ammar Qashshu, Member
- Chase Franks, Youth Advisor
- Brett Franks, City Council Liaison

## PARKS & RECREATION STAFF

- Director, Lance Whitworth
- Senior Center Manager, Dixie Dickson
- Recreation Supervisor, Cynthia Wiseman
- Parks Foreman, Mario Bautista
- Recreation Aide, Angelica Massey

# SPECIAL EVENTS

## Pumpkin Prowl

Picture an old fashioned Easter Egg Hunt... Now add some autumn colors and cooler weather... Finally, erase the eggs and insert mini-pumpkins. The Great Pumpkin is coming again to hide bright orange pumpkins. Kids will go find them and some may even win a prize. There will be a haunted hayride trail, bounce houses and vendors. There will also be a Halloween costume contest where costumes will be judged and prizes will be awarded to the winners. We will be showing a movie when the sun goes down so bring your blankets and lawn chairs and watch *Hotel Transylvania 2*. The Sachse Baseball Association will be selling concessions throughout the event.

Salmon Park

4302 Williford Rd.

Saturday, October 15

6:00 PM to Sunset - Hayrides, Bounce Houses, Vendors

6:15 PM - Pumpkin Hunt

Sunset - Movie on the Baseball Field

Ages 10 and under to hunt pumpkins

## Sachse Fallfest - 31st Anniversary

Every October, Heritage Park hosts thousands of guests at Sachse Fallfest, bringing together the community and surrounding areas with entertainment for the whole family including: over 100 arts and craft vendors, 10 food vendors, a game zone, bounce town with numerous bounce houses and slides, a new car showcase, live music by local bands and various contests including men's best legs and a pet photo contest. For more information, call the Chamber of Commerce at 972-496-1212 or visit the website at [www.SachseFallfest.com](http://www.SachseFallfest.com).



Heritage Park

4408 Hudson Dr.

Saturday, October 22

10:00 AM-6:00 PM

ALL AGES

No Entrance Fee

## America Recycles!

Get Caught "Green Handed"! Starting October 10, in a city-wide effort to encourage recycling, Parks & Recreation staff will be looking for individuals recycling in our parks and city facilities. You may win a prize for getting caught "Green Handed". Also, join us for a special storytime at the Sachse Library on November 10, at 11 AM. Children will hear stories about recycling as well as receive some special giveaways in recognition of America Recycles Day.



## Christmas Tree Lighting and Sachse Library Polar Express

City Staff and Council invite you to the lighting of our Christmas tree at City Hall. Christmas carols will be performed before Mayor Felix officially lights the tree. Following the tree lighting we will all head over to the Sachse Library for a Polar Express Celebration including a visit from Santa.

City Municipal Complex, 3815 B Sachse Rd.

Thursday, December 1

6:30 PM

All Ages

Free

## Christmas Parade

Calling all school bands, choirs, dance groups, scout troops, and organizations in Sachse who want to join us and march in Sachse's annual Christmas Parade. We will meet in the Hudson Middle School Parking Lot for the line-up. To register a float call Cynthia Wiseman at 469-429-0275.

Parade Route: Miles Rd. from Hudson Middle School to the City Complex

Saturday, December 10

Line-up at 8:30 AM

Parade Begins at 9:30 AM

## Cookies with Santa

Kids, come join Santa for cookies, entertainment, and tell him what you want for Christmas. Bring your canned goods and non-perishable food items to be collected and donated by the Fraternal Order of Police (FOP). Everyone will receive a raffle ticket that will be entered into prize drawings. The last drawing will be called at 11:00 a.m.

City Municipal Complex, 3815 B Sachse Rd.

Saturday, December 10

10:00 -11:30 AM - Santa Visits (Santa will arrive following the Christmas Parade)

10:00 AM-1:00 PM - Bounce Houses, Cookies, Activities, and Vendors

Ages 10 and under to visit Santa



## Daddy/Daughter Dance - New Date!

Ok girls, put on your dancin' shoes and get ready for a night of fun, games and activities, music, dance, and snacks. This event is a great way for young women to strengthen their relationships with their fathers. A picture will be taken and given to each couple to remember this occasion. *Space is limited. Registrations can be made online or by calling 469-429-0275.*

Senior Activity Center, 3815 A Sachse Rd.

Friday, February 10

7:00-9:00 PM

All Ages

\$15/couple + \$5 for each additional daughter

469.429.0275

# HOW TO REGISTER

## Four Easy Ways to Register

- 1. Online:** At [www.cityofsachse.com/parks](http://www.cityofsachse.com/parks), You will need a copy of the brochure to help you complete the online registration.
- 2. By Phone:** Call 469-429-0275. Have the information requested on the registration form (page 12) ready when you call.
- 3. By Mail:** Sachse Parks & Recreation, 3815 B Sachse Road, Sachse, TX 75048
- 4. Walk-In:** Stop by and visit us on the 2nd floor of the City Hall Building (3815 B Sachse Road)

**We Accept  
Visa, Discover,  
American Express,  
and Mastercard!**

### Refund Policy

#### Please Read Carefully:

To apply for a refund, participants must contact the Parks & Recreation Department at 469-429-0275.

- In the event that the Parks & Recreation Department cancels a class, a full refund will be issued.
- Refunds may be prorated up until half the class has been completed. In the event that a participant will not be able to attend all class dates, please be sure to make arrangements prior to the 1st day of class, so that the class may be prorated. Once half the class is completed, no refunds will be given.
- Refunds may either be sent by check, or a credit equal to the class cost may be issued on your account to use for future registrations.
- Approved refunds will be processed and mailed within 4 weeks. We are unable to give cash refunds.

### Class or Event Cancellation

The Sachse Parks & Recreation Department reserves the right to cancel any class or special event due to weather, situations beyond our control or failure to meet minimum registration requirements. In the event that the Parks and Recreation Department cancels a class, you will be notified and a full refund will be issued.

### Sessions

You may join the second session even if you have not been in the first session. Students wanting to be placed in advanced classes should have approval from the instructor. **You must sign up for each session separately.**

### Waiting Lists

If the class you want to register for is already filled, staff will place the participant on a waiting list. You will be notified if a space becomes available or a new program is formed. Program openings will be filled on a first-come, first-served basis from the waiting list.

### Supply Fee Refund Policy

Some classes may have associated Supply Fees which must be paid directly to the instructor on the 1st day of class. While associated Class Fees must be paid to the City and can be refunded as stated in the Refund Policy, **supply fees are non-refundable.** Staff reserves the right to address special refund issues on a case by case basis.

## CLASS FACILITY AND OFFICE INFORMATION

### Parks Office

3815 B Sachse Road (2nd Floor)

469-429-0275

[parksandrecreation@cityofsachse.com](mailto:parksandrecreation@cityofsachse.com)

Mon-Fri 8 AM-5 PM

### Facility Locations for Parks & Recreation Classes

Sachse Parks & Recreation Meeting Room (5560 Highway 78)

Sachse Senior Activity Center (3815 A Sachse Road)

Sachse Library Meeting Room (3815 C Sachse Road)

First United Methodist Church Gymnasium (1520 Blackburn Road)

City Municipal Complex Amphitheater (3815 B Sachse Road)

# DANCE AND TUMBLING

## Little Ballerinas

Students will learn basic ballet steps and ballet positions. A dance will be learned incorporating these skills to show at the end of the session.

### Sachse Library Meeting Room

**Age: 4-9 years**

Instructor: CK Studios

Session 1	Thursdays	5:10-5:50 PM	9/8-10/13	\$40
Session 2	Thursdays	5:10-5:50 PM	10/20-12/8	\$40
Session 3	Thursdays	5:10-5:50 PM	1/12-2/16	\$40

**No Class: 11/24, 12/1**

## Baby Ballet

A fun introduction to dance designed to stimulate creativity, imagination, and rhythm skills while encouraging a love of dance.

### Sachse Library Meeting Room

**Age: 2-3 years**

Instructor: CK Studios

Session 1	Thursdays	5:50-6:20 PM	9/8-10/13	\$40
Session 2	Thursdays	5:50-6:20 PM	10/20-12/8	\$40
Session 3	Thursdays	5:50-6:20 PM	1/12-2/16	\$40

**No Class: 11/24, 12/1**

## Gymnastics

Gymnastics develops strength, muscle tone, and flexibility. This program will include floor work and some basic tumbling skills. Slow paced, medium and fast paced children excel in gymnastics.

### Sachse Library Meeting Room

**Age: 4-8 years**

Instructor: CK Studios

#### Beginners

Session 1	Thursdays	4:30-5:10 PM	9/8-10/13	\$40
Session 2	Thursdays	4:30-5:10 PM	10/20-12/8	\$40
Session 3	Thursdays	4:30-5:10 PM	1/12-2/16	\$40

#### Advanced

Session 1	Thursdays	6:20-7:00 PM	9/8-10/13	\$40
Session 2	Thursdays	6:20-7:00 PM	10/20-12/8	\$40
Session 3	Thursdays	6:20-7:00 PM	1/12-2/16	\$40

**No Class: 11/24, 12/1**

### REGISTER ONLINE!

Register and pay online for your favorite classes today!

Go to: [www.cityofsachse.com/parks](http://www.cityofsachse.com/parks)

# SCIENCE

## Way Out Water - NEW!



Get ready...get WET...H-2-O! Water Engineers - come learn all about the world's most important molecule, H<sub>2</sub>O, better known as . . . WATER. Use your engineering skills and put water to work with a water wheel, see sticky water, make paperclips that float on water, and play America's fastest growing game Does it Float? After this club you will never look at a glass of water the same way again!

### Sachse Parks & Recreation Meeting Room

Instructor: Science Matters

Ages: K-5th Grade	Thursdays	5:15 PM - 6:15 PM	9/15-10/13	\$70
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## Totally Toyrrific - NEW!



Science and Toys. What could be better? Become a Toy Technician as you learn the science behind many popular playthings. Explore science through the world of toys like the humming harmonica, gyrosopes, and tops. Build your own Nerve Tester game and power an electric circuit with nothing more than the touch of your hand. Our science workshop is filled with toys that teach. Come and experience the power of play!

### Sachse Parks & Recreation Meeting Room

Instructor: Science Matters

Ages: K-5th Grade	Thursdays	5:15 PM - 6:15 PM	10/27-12/1 (No Class: 11/24)	\$70
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## Kitchen Chemistry - NEW!



What's cooking? Cool science and you! The Kitchen Chemistry Club provides the perfect recipe for fun. Each scientist-chef will learn the secrets of soda-pop; make their own whipped cream; discover the science behind popcorn; and experiment with many other kitchen concoctions! Put on your chef's hat, and step into our lab to see what's cookin'! Class will include a Science Matters' Cookbook with recipes that you can make at home. We will be working with food science in this lab including dairy, wheat, and chocolate.

### Sachse Parks & Recreation Meeting Room

Instructor: Science Matters

Ages: K-5th Grade	Thursdays	5:15 PM - 6:15 PM	1/12-2/9	\$70
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# MUSIC & SPECIAL INTERESTS

## Beginning/Advanced Keyboard

In this 10-week class, students will learn to draw the treble clef, read music, and practice ear training. This is a drop off only class. Parents may watch for the last 5 minutes of class. There will be a recital on the last day of each session. **Students must provide their own set of headphones.**

### Sachse Library Meeting Room

Instructor: Teresa Stephenson

\$12 supply fee payable to instructor

#### Age: 4-12 years

Beginners (Ages 4-6)		3:20-3:50 PM	
Beginners (Ages 4-6)		3:50-4:20 PM	
Beginners (Ages 7-12)		4:20-4:50 PM	
Advanced 1 (Instructor Approval)		4:50-5:20 PM	
Advanced 2 (Instructor Approval)		5:20-5:50 PM	
Session 1	Fridays	9/9-11/11	\$70
Session 2	Fridays	12/2-2/17	\$70

**No Class: 12/23, 12/30**

## Beginners Guitar

Learn to play the guitar, play chords, and learn strumming patterns. **Students must provide their own guitar and pick.**

### Sachse Parks & Recreation Meeting Room

Instructor: Jonathan Reger

#### Youth to Adults: 8 years +

Session 1	Saturdays	4:50-5:30 PM	8/27-10/8	\$50
Session 2	Saturdays	4:50-5:30 PM	11/5-12/10	\$50
Session 3	Saturdays	4:50-5:30 PM	1/7-3/4	\$80

#### Continuing Students (Instructor Approval)

Session 1	Saturdays	5:35-6:15 PM	8/27-10/8	\$50
Session 2	Saturdays	5:35-6:15 PM	11/5-12/10	\$50
Session 3	Saturdays	5:35-6:15 PM	1/7-3/4	\$80

**No Class: 9/3, 9/24, 11/26, 1/14**

## Cupcake Decorating

Join us for this parent and child class as we learn to decorate cupcakes like a pro. Every class has a different theme. It's a fun and relaxing way to spend an evening with your kids – come join us! Bring a cupcake carrier so you can take your creations home.

### Sachse Parks & Recreation Meeting Room

Instructor: Julia Crowell

Supply Fee: \$12 per workshop (includes 6 cupcakes)

Class Fee (per parent/child): \$25/for 3 classes or \$10/class

#### Ages: 5-10 years (must be accompanied by parent)

#### Ages: 11 + (may attend without parent)

"Harvest Time"	Friday	6:00-7:30 PM	9/9
"Spooky Treats"	Friday	6:00-7:30 PM	10/7
"Let's Talk Turkey"	Friday	6:00-7:30 PM	11/11
"Holiday Magic"	Friday	6:00-7:30 PM	12/2
"Winter Wonderland"	Friday	6:00-7:30 PM	1/13
"I ♥ Cupcakes"	Friday	6:00-7:30 PM	2/3

## Cooking for Adults and Teens

This workshop is for both the novice and seasoned home chef. Learn new techniques from knife skills to elegant entertaining. Each class offers a cooking demonstration, samples of the prepared dish along with recipes and cooking tips that could save time and money!

### Senior Activity Center

Instructor: Stephanie Cuevas

\$5 supply fee payable to instructor per workshop

\$60/all 6 classes or \$12/class

#### Teen to Adults: 13 years +

"Freezer Friendly for Busy People, Pork Marsala with Mushroom Shallots Sauce"

Friday 6:00-7:30 PM 9/16

"Budget Gourmet, Shrimp in a Lemon Garlic Sauce"

Friday 6:00-7:30 PM 10/21

"Turkey Week, Turkey Croquettes with Hollandaise Sauce"

Friday 6:00-7:30 PM 11/18

"Gift of Food, Holiday Cookies, Candies and Breads"

Friday 6:00-7:30 PM 12/16

"Healthy New Year, Gnocchi with Cannellini Beans & Sun Dried Tomatoes"

Friday 6:00-7:30 PM 1/20

"Prepared Meals, Slow Cooker Meal Kits"

Friday 6:00-7:30 PM 2/17

## Kids in the Kitchen - NEW Themes!

Let your kids see how fun and easy cooking can be in this hands-on cooking class. They will learn basic cooking skills, kitchen safety, how to use kitchen tools, manners & etiquette, all while creating delicious recipes with plenty of tasting along the way. All recipes are peanut free.

### Senior Activity Center

Instructor: Stephanie Cuevas

\$5 supply fee payable to instructor per workshop

\$60/all 6 classes or \$12/class

#### Age: 5-10 years

"Kitchen safety, Sweet & Savory Snacks"

Tuesday 4:30-6:00 PM 9/13

"Pouring/Measuring, Spooky Smoothies"

Tuesday 4:30-6:00 PM 10/11

"Stirring/Mixing, Pumpkin Cheesecake"

Tuesday 4:30-6:00 PM 11/8

"Rolling/Cutting, Holiday Cookies"

Tuesday 4:30-6:00 PM 12/13

"Adding ingredients/New Taste, Soups"

Tuesday 4:30-6:00 PM 1/10

"Tearing/Tossing/Peeling, Apple Rose Tart"

Tuesday 4:30-6:00 PM 2/7



# SPORTS AND FITNESS

## Karate for Kids

This program develops self esteem, self-control, friendships, self-improvement, courtesy, and respect for others. Students are awarded special clips for outstanding performances in class, school, or at home. Uniforms are required and may be purchased from the instructor.

### Sachse Parks & Recreation Meeting Room

Instructor: ATA Garland Black Belt Academy

#### Beginners/Continuing Student Classes

Age: 3-4 years	4:30-5:00 PM	
Age: 3-4 years	5:00-5:30 PM	
Age: 5-6 years	5:30-6:15 PM	
Age: 7-15 years	6:15-7:00 PM	
Intermediate (Instructor Approval)	7:00-7:45 PM	
Session 1	Tuesdays 9/13-10/18	\$35
Session 2	Tuesdays 10/25-12/6	\$35
Session 3	Tuesdays 1/10-2/14	\$35

**No Class: 11/22**

## Combo Cardio and Strength Training

Get a total body workout in this class with 3 workouts in one! We'll work on cardio, strength and conditioning training, and get an abdominal workout using resistance tubing and weights. You must provide your own exercise mat.

### Senior Activity Center

Instructor: Cindy O'Brien

**Ages: 16 years +**

**\$18/1-day a week; \$36/2-days a week**

Session 1	Tuesday/Thursday	6:30-7:30 PM	9/13-10/20
Session 2	Tuesday/Thursday	6:30-7:30 PM	10/25-12/08
Session 3	Tuesday/Thursday	6:30-7:30 PM	1/10-2/16
Session 4	Tuesday/Thursday	6:30-7:30 PM	2/21-3/30

**No Class: 11/22, 11/24**

## PiYo

Yoga postures exercise every part of the body, stretching and toning the muscles, joints, and spine. You must provide your own Yoga mat and Yoga blocks/straps.

### Senior Activity Center

Instructor: Cindy O'Brien

**Age: 15 years +**

**A discount is offered if you sign up for 2 days/week!**

Session 1	Mondays	6:30-7:30 PM	10/03-11/07	\$36
Session 2	Mondays	6:30-7:30 PM	11/14-12/12	\$24
Session 3	Mondays	6:30-7:30 PM	1/09-2/13	\$36
Session 4	Mondays	6:30-7:30 PM	2/20-3/27	\$36

**No Class: 11/21**

Session 1	Wednesdays	6:30-7:30 PM	10/05-11/09	\$30
Session 2	Wednesdays	6:30-7:30 PM	11/30-12/07	\$12
Session 3	Wednesdays	6:30-7:30 PM	1/18-2/15	\$24
Session 4	Wednesdays	6:30-7:30 PM	2/22-3/29	\$30

**No Class: 10/19, 2/8, 3/8**

## Soccer Shots

Soccer Shots is a national soccer program designed to creatively introduce your child to the sport of soccer. Our mission is to provide your child with creative, simple play activities that will enable them to exercise and have fun with the world's most popular game: soccer! Session 1 will be held outdoors and Session 2 will be held indoors.

Instructor: Soccer Shots

**Age: 2 ½-3 ½ years 3:45-4:10 PM**

**Age: 3 ½ -5 years 4:15-4:50 PM**

### City Municipal Complex Amphitheater (Outdoor)

Session 1 Tuesdays 09/13 – 11/15 \$110

### First United Methodist Church Gymnasium

Session 2 Tuesdays 01/10 – 02/28 \$88

## Zumba® - 2 days a week!

Dance your way to a fitter you using exciting and unique Latin moves and rhythms. Burn 800-1,000 calories/hr. while having fun.

*\*Bring a friend and join the fun on Thursday, September 15, for a Free Zumba Class\**

### Senior Activity Center

Instructor: Blanca Downing

**Age: 16 years +**

**Price Based on Days Attended Per Week 1/2**

Session 1	M/W	7:45-8:45 PM	9/19-10/12	\$25/\$40
Session 2	M/W	7:45-8:45 PM	10/17-11/9	\$25/\$40
Session 3	M/W	7:45-8:45 PM	11/14-12/14	\$25/\$40
Session 4	M/W	7:45-8:45 PM	1/9 -2/8	\$25/\$40

**No Class: 11/21, 11/23, 1/16, 1/18**

## Zumba® Toning

Zumba®Toning takes the original Zumba® dance-fitness to the next level adding resistance by using lightweight toning sticks or dumbbells. Zumba® toning is fun, different, challenging, effective, and provides, for the participant, a new avenue to weighted activity for the participant.

### Sachse Senior Activity Center

Instructor: Blanca Downing

**Age: 16 years +**

**\$25 per session if attending 1 day a week**

**\*If you are attending the regular Zumba class, 1 day a week, it is an additional \$15 to add Zumba Toning or an additional \$10 if you are attending 2 days a week.**

Session 1	Thursday	7:45-8:45 PM	9/22-10/13
Session 2	Thursday	7:45-8:45 PM	10/20- 11/10
Session 3	Thursday	7:45-8:45 PM	11/17-12/15
Session 4	Thursday	7:45-8:45 PM	1/12-2/9

**No Class: 11/24, 1/19**

Class location addresses can be found at the bottom of Page 4 in this brochure.

# LEARNING

## Little Learners Preschool - 2 days a week!

We will keep your active preschooler busy while you take a break. Our program includes daily lessons, free play, arts & crafts, snack time and story time.

### Sachse Parks & Recreation Meeting Room

Instructor: Lisa Eltz

\*Supply fee payable to instructor per session

1 day/week - \$55/session + \$3 supply fee

2 days/week - \$100/session + \$5 supply fee

### Age: 3-5 years

Session 1 Tues/Thurs 9:00 AM-Noon 08/30 – 9/08 \*

Session 2 Tues/Thurs 9:00 AM-Noon 09/13 – 10/06

Session 3 Tues/Thurs 9:00 AM-Noon 10/11 – 11/03

Session 4 Tues/Thurs 9:00 AM-Noon 11/08 – 12/08

Session 5 Tues/Thurs 9:00 AM-Noon 12/13 – 01/19

Session 6 Tues/Thurs 9:00 AM-Noon 01/24 – 02/16

**No Class: 11/22, 11/24, 12/20, 12/22, 12/27, 12/29**

**\*Session 1 is a mini 2-week session. There will be no supply fee and the cost is \$25 for 1 day/week and \$50 for 2 days/week.**

Class location addresses can be found at the bottom of Page 4 in this brochure.

# WORKSHOPS

## You Can Oil Paint a Masterpiece

Even if you've never held a paint brush or can't draw a straight line you will be amazed at the beautiful oil painting you can create in one lesson. Beginners learn basics of color mixing, brush strokes and perspective while completing a landscape, seascape or still life in this fun and easy class taught by Master Artist and award-winning instructor, Robert Garden. All supplies; canvas, paint, brushes, medium, easel, detailed lesson plan and instruction are provided. Bring paper towels and wear old clothes.

### Senior Activity Center

Instructor: Robert Garden School of Art

**Ages: Youth to Adults: 10 years +**

\$20 supply fee payable to instructor per class

*"Old Door with Bougainvilleas"*

Tuesday 6:00-8:45 PM 9/20 \$15

*"Destin's Emerald Beach"*

Tuesday 6:00-8:45 PM 10/25 \$15

*"Aspen Road near Trail Ridge"*

Tuesday 6:00-8:45 PM 11/15 \$15

*"Cabin in the Snowy Woods"*

Tuesday 6:00-8:45 PM 12/13 \$15

## Sachse Park Pals

BECOME A FRIEND TODAY!

Register at [www.sachseparkpals.org](http://www.sachseparkpals.org)

# SENIOR ACTIVITIES

## OFFICE INFORMATION

Address.....3815 A Sachse Road  
 Phone.....972-495-6282  
 Web site.....www.cityofsachse.com/center  
 Senior Center Manager.....Dixie Dickson  
 E-mail.....ddickson@cityofsachse.com  
 Office Hours.....Monday-Friday  
 8:00 a.m.-4:00 p.m.

### Memberships

How can you become a member? If you are 50 and older, stop by and visit us. Registration forms are available in the office. Memberships are \$6/year for residents and \$12/year for non-residents. Enjoy the many benefits including: lunch and learn classes, exercise, games, parties, a workout room and more.

## Bluegrass Under the Stars

Meet us in the amphitheater between the Senior Center and Library on **Saturday, September 10** from 7:30 PM-9:30 PM.

Bring a lawn chair and blanket and get ready for an evening of toe-tappin' music and family fun!

Bottled water will be provided.

# SENIOR ACTIVITIES

## SPECIAL PROGRAMS

### AARP Smart Driving Class

November 7, 2016, 9:00 AM-1:00 PM

February 20, 2017, 9:00 AM-1:00 PM

\*You MUST register and pay in advance for this class. Cost is \$15 for AARP members and \$20 for non-AARP members.\*  
Registration fees are non-refundable, call 972-495-6282 to register

### AARP Free Taxaide Service

Beginning February 7, 2017, join us **every Tuesday** from 9:00 AM-1:00 PM for free tax preparation. First-come, first-served

### Beginner's Bridge Classes

Tuesdays at 10:30 AM for 8-weeks:

9/13, 9/20, 9/27, 10/04, 10/11, 10/18, 10/25, 11/01

\*Intermediate practice bridge sessions are **every Tuesday** from 12:30 PM-1:30 PM\*

### Military Memories

We need your memories to feature in our monthly newsletter. Everyone has a story and yours is important. Call Dixie at 972-495-6282.

## PARTIES & EVENTS

### Trip to Terrell and Russell Stover

Wednesday, September 7 at 9:00 AM

### Bluegrass Under the Stars

Meet us in the amphitheater between the Senior Center and Library on Saturday, September 10 from 7:30 PM-9:30 PM. See page 8 for details.

### State Fair Day

Thursday, October 20, bus leaves the Senior Center at 9:00 AM and will depart from the Fair Grounds at 2:30 PM

### Halloween Party

Monday, October 31, 11:30 AM-2:30 PM, costumes are not required, but encouraged

### New Year's Eve Party

Friday, December 30, 11:30 AM-2:30 PM, we will have a toast to the New Year at noon

## ONGOING PROGRAMS

### Hot Coffee and Rolls

Each morning, Monday-Friday, join us at 8:00 AM for hot coffee and rolls. We receive free baked goods daily from our local Kroger's to take home.

### Lunch and Learn

Join us Monday through Thursday for informational talks and lunch. Check the calendar for exact dates, times, and topics. You MUST sign up at the center in person or by calling to attend the seminar.

### Birthday Lunches

Celebrate the birthdays of our Senior Center members on the **first Thursday** of each month at 11:00 AM. You MUST sign up to attend.

### Monthly Potluck Luncheon

The **third Wednesday** of every month, bring a dish (to serve 6-8) and join us at 10:00 AM for entertainment and a home-cooked meal.

### • Wal-Mart Shopping

• Every **first Friday** of the month at 9:30 AM

### • Get Balanced

• **FREE** with membership! Classes are held every Tuesday and Thursday from 9:30 AM-10:30 AM.

### • "Remember When" & Lunch

• Join us as we reminisce every **third Thursday** at 11:00 AM.

### • Story Time & Lunch

• Join us the **second Thursday** of every month at 11:00 AM  
• You must sign up to attend.

### • Exercise

• **Every Monday, Wednesday, and Friday** at 9:00 AM, join us as we do low impact chair aerobics to a workout video.

### • Craft Workshop

• **Every Monday** from 10:00 AM-2:00 PM, get together with other seniors and work on the craft project of your choice. Bring your own project.

### • Learn Sign Language

• Beginning September 1, join us **every Thursday** from 1:00-2:00 PM as we learn Beginner's Sign Language. Pre-registration is required—no charge. See monthly calendar for dates and details.

### • Line Dancing Class

• **Every Tuesday** at 1:00 PM, join us as we learn to line dance. Cost is \$3.00 per class.

### • Texas Hold'em

• Join us every **Thursday** of every month at 1:00 PM to play Texas Hold'em! Other card games played daily.

### • Pool Challenge

• The **First and Third Wednesday** of each month at 1:00 PM.

### • Mah-Jongg

• Come check out the Mah-Jongg group that meets **every Wednesday** at 12:30 PM.

### • Computer Class

• **Every Tuesday** at 1:00 PM, join us as we learn basic computer skills.

### • Paper Craft Class

• Join us on the **first Tuesday** of every month at 1:00 PM for Paper Craft Class. \*Except in February, March, and April when they are moved to the **first Monday** of every month at 1:00 PM.

### • Nurse Visits

• Join us on the **fourth Friday** of every month [nurses are not here in August and September] from 8:30-11:00 AM when the Dallas County Nurse comes to take blood pressure and blood sugar readings. Cholesterol checks are given twice a year but you must fast for at least 8 hours. Watch the calendar and newspaper for dates.

### • Flu Vaccines

• Flu vaccines will be offered in **September and October**. Watch the newsletter and calendar for exact dates. Please contact us at 972-495-6282 to confirm availability. Shingles and Pneumonia shots may be available upon request.

• **\*Please call the Senior Center at 972-495-6282 to register for any of the Senior Center activities. We offer a variety of activities and events. Stop by each month to pick up a calendar.\***

# LIBRARY activities

## LIBRARY INFORMATION

Address.....3815 C Sachse Rd.  
Phone.....972-530-8966  
Web site.....www.cityofsachse.com/library  
Library Manager.....Mignon Morse  
Library Hours.....Mon/Tue/Thu 12:00-8:00 PM

Wed 10:00 AM-6:00 PM

Fri 12:00-6:00 PM

Sat 10:00 AM-4:00 PM

Sunday Closed



## SCHEDULED PROGRAMS

### National Library Card Month Kick-Off Celebration

Date: Tuesday, September 6

Time: 6:00 PM

A Celebration of Snoopy and the Peanut's Gang

Dress as your favorite Peanuts character (or come as you are) and join us for games, snacks, crafts and a pet parade. Yes, a Pet Parade! You can bring a stuffed animal or one that eats food, but is child friendly, to parade around the Library building starting at 6:40 PM. We intend for this to be an outside event, however in case of inclement weather we will move inside and the pet parade would be cancelled.

### Native & Adaptive Plants for North Texas

Date: Tuesday, September 6

Time: 6:00 PM

Are you a "Native Texan" or a transplant? Plants are native or transplants too!! This program covers a large selection of minimal water use plants that are native and adaptive ideal for a sustainable landscape or garden. You will learn proper soil preparation, proper planting, and native and adaptive plant selection. Plant list provided.

### Crocheting with Noreen Sanchez

Ages 9 and up only, please.

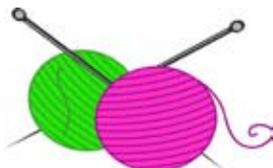
Session 1: September 19 and September 26

Session 2: October 17 and October 24

Time: 6:00-7:30 PM

**Note: Session 1 and Session 2 will be the same project**

Beginners Welcome! We provide the yarn and a crochet hook and Ms. Sanchez will show you what to do as you create your own project. You are invited back the next week to continue working on your project or to start a new one. You get to keep your creation! Registration required! Limited to 20 participants.



## October is Space and Science Month at the Sachse Public Library

### Space and Science Month Kick-Off Event

Date: Tuesday, October 4

Time: 6:00 PM

Kick-off Space and Science Month with NASA/JPL Solar System Ambassador Max Corneau presenting "From Hubble to Kepler, Discovery and Exploration in Our Universe." Hands-on fun (and learning) with real Hubble data to find your own ancient galaxy! All ages are welcome!

### Perot Tech Truck

Date: Tuesday, October 11

Time: 6:00 PM

The Tech Truck is a mobile discovery lab that is a hands-on STEAM (Science, Technology, Engineering, Art and Mathematics) experience. The Perot staff will set up stations inside the library where you can tinker, engineer, create and hack. All ages welcome!

### 50th Anniversary Celebration of STAR TREK

Date: Monday, October 17

Time: 6:00 PM

Stardate: -306205.60109289613

Sachse Library is celebrating STAR TREK. For 50 years this franchise has brought joy to millions. Starfleet uniforms as well as Federation and Non-Federation attire welcome! All ages welcome!

### Halloween Party

Date: Tuesdays, October 25

Time: 6:00 PM

Children, dress up in your favorite costume and come to the Library for fun games, prizes and, of course, lots of candy. Join in our Halloween parade around the library and participate in our Best Costume contest.

### Fall/Winter Craft Program presented by the Stamp Maven

Date: Tuesday, November 1

Time: 6:00 PM

All Ages Welcome! Supplies are provided.

### Fall Themed Cookie Decorating

Date: Tuesday, November 8

Time: 6:00 PM

Ages 9 and up only, please!

Supplies provided. Registration Required! Limited to 30 participants!

### "The Christmas Pumpkin" presented by the author Debbie Reece

Date: Tuesday, November 15

Time: 6:00 PM

This special evening story time features Author Debbie Reece reading her story of a boy who shows everyone what a green pumpkin can do for Christmas. A craft and hot chocolate will follow the reading.

# LIBRARY ACTIVITIES

## Sachse Library's Polar Express Celebration

Date: Thursday, December 1

Time: Immediately following the 6:30 PM Christmas Tree Lighting ceremony at Sachse City Hall

All aboard the Polar Express! Follow the tracks through the library, stopping at each station along the way to get your train ticket punched for playing games and making crafts. The tracks lead all the way to the North Pole for a visit with a very special guest.

## Winter Themed Candy Program

Date: Tuesday, December 6

Time: 6:00 PM

Ages 9 and up only, please!

Supplies provided. Registration Required!

Limited to 30 participants!

## Star Wars Celebration

Date: Tuesday, January 10

Time: 6:00 PM

Be a Rebel. Read a Book. The Force is strong at the Sachse Public Library. Join us as we celebrate all things STAR WARS! Costumes are encouraged! All ages welcome!

## For the Love of Art Valentines Program

Date: Tuesday, February 14

Time: 6:00 PM

We will celebrate our love of art at this special Valentine's Day event. Each station will focus on a different type of artwork.

## ONGOING PROGRAMS

### Storytime

Date: Thursdays (August 25-December 15, 2016)

Thursdays (January 5-June 1, 2017)

Time: 11:00 AM

Bring babies, toddlers and preschoolers to Storytime, where there will be stories, songs, dancing and crafts.

### PAWS to Read to Princess the Dog

Days: 2nd and 4th Tuesdays of each month

Time: 6:00 PM

**15 minutes per reader based on participation.**

Join us at Pat's Storybook Nook and read stories to Princess the Dog. Princess loves to hear stories and she never notices if a child makes a mistake. Princess provides a non-judgmental atmosphere that encourages reluctant and struggling readers.

### Sachse-Wylie Authors Group (SWAG)

Join a motivated group of both experienced and new writers meeting to share ideas and learn from each other. If you love to write, whether your interest is fiction, non-fiction, articles, short stories...you are invited to attend. SWAG meets at the Library on the 3rd Tuesday of every month at 6:30 PM.

Please see Library website for Circulation Policy

## Continuous Booksale

Stop by the Library for the best deals in town! The Friends of the Library have used books, movies and CDs available year round on the shelves in the library. Pick up a few today and make a donation if you wish. All the proceeds go towards new movies, books and programs for the library!



Want to help support the Library? Become a Friend!

Visit [www.sachselibraryfriends.org](http://www.sachselibraryfriends.org) for more information.

### Amazon Smiles

Amazon Smiles is the newest way for you to help the library. Just register for the program and choose the Friends of the Sachse Library as your charitable organization. Each time you shop, the library will benefit.

### Kroger Community Rewards Program

Support the Friends of the Sachse Library by registering your Kroger Plus Card. Visit [krogercommunityrewards.com](http://krogercommunityrewards.com) to register your card. This costs you nothing and allows a percentage of your purchases throughout the year to support your local library. You must renew your Community Rewards information each September for the library to continue to receive this wonderful benefit.

## Stay Tuned with Social Media

Like the Library's Facebook page and follow us on our Twitter feed (@sachselibrary) to stay informed about all of our events.



## LIBRARY BOARD

**Billy Ketner - Chairman**

**Ruth Glover - Vice Chairman**

**Sean Hunt - Secretary**

**Dia Rhoden**

**Sean French**

**Dixie Scogin**

**Judith Lynch**

**Charlie Ross - City Council Liaison**



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Sachse, TX 75048

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## Sachse Parks & Recreation Fall/Winter 2016-17 Registration Form

Mail Completed  
Registration Forms to:  
Sachse Parks & Recreation  
3815B Sachse Rd., Sachse, TX 75048

**Primary Adult Contact** - This form must be completed by an adult, 18 years and older

Name \_\_\_\_\_ Address \_\_\_\_\_

City \_\_\_\_\_ Zip \_\_\_\_\_ Email \_\_\_\_\_ Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

<b>Activity Registration</b>					
Participant Name	Birthday	Activity	Session/ Workshop	Time	Fee
1.					
2.					
3.					
4.					
5.					
<b>TOTAL</b>					

**Waiver and Release of Claim**

In consideration for my participation in any City of Sachse Parks and Recreation Department program or use of the City's Facilities or equipment, I recognize and acknowledge the risk of physical injury and agree to assume the full risk of any injuries, including death or damages, that may result from any injury sustained while participating in activities related to the program or from using the City's facilities or equipment. I hereby release, hold harmless and indemnify the City of Sachse from any liability arising out of or resulting from its intentional acts or negligence. Furthermore, I authorize emergency medical or dental treatment should it become necessary. My signature below indicates that I have read and understand the City of Sachse Parks and Recreation Department Waiver and Release of Claim.

Signature of Participant or Parent/Legal Guardian \_\_\_\_\_ Date \_\_\_\_\_