

## CITY COUNCIL OF THE CITY OF SACHSE

### WORKSHOP MEETING MINUTES

SEPTEMBER 6, 2016

The City Council of the City of Sachse held a workshop meeting on Tuesday, September 6, 2016 at 6:30 p.m. at Sachse City Hall, 3815-B Sachse Road, Sachse, Texas. Those present were Mayor Mike Felix, Council Members Brett Franks, Charlie Ross, Paul Watkins, Bill Adams, and Jeff Bickerstaff. City Manager, Gina Nash; City Secretary, Michelle Lewis Sirianni; Human Resources Manager, Stacy Buckley; Community Development Director, Dusty McAfee; Parks and Recreation Director, Lance Whitworth; Finance Director, Teresa Savage; Director of Public Works and Engineering, Greg Peters; Fire Marshal, Robert Knappage; Fire Lieutenant, Chris Hall; and Police Chief, Bryan Sylvester. Councilman King was absent.

Mayor Felix called the meeting to order at 6:31 p.m.

**CITY'S WELLNESS PROGRAM:** Receive update and discuss the City's Wellness Program.

Mrs. Nash stated that staff will be providing an update of the City's wellness program, as well as proposing items for the upcoming year that will invest in the employees while still managing funds.

Mrs. Buckley presented objectives to Council which included discussing the current wellness program, the new partnership with Methodist Health System, recommending to implement a tobacco surcharge effective May 1, 2017, and the future wellness strategy. An overview of the current wellness program was provided highlighting several events that took place, new programs initiated, and employee participation. Staff is recommending continuation of the wellness program along with the new partnership with Methodist Health Systems, the implementation of a tobacco surcharge, and on-site program additions.

Charlotte Mann with Methodist Health System provided Council with a brief history of the company, their approach, strategy, and program promotion and practices that they will be initiating with the City. A few of those included Wellness Wednesdays, a weight management program, a tobacco cessation program, mental resiliency or how to recognize, manage and cope with life's stress, and communications. Ms. Mann also discussed engagement with the employees and the incorporation of using reporting mechanisms based on the employees biometrics, health assessments, etc.

Council discussed the tobacco surcharge, the criteria used and how it will be determined whether an employee will be affected along with the proposed programs by Methodist Health Systems and their value to the employees.

No further action was taken.

**ADJOURNMENT:** At 7:03 p.m. Mayor Felix adjourned the meeting.

ATTEST:

Michelle Lewis Sirianni  
Michelle Lewis Sirianni, City Secretary

Mike J Felix  
MIKE J FELIX, MAYOR

